2 About Radiotherapy

After the breast-conserving surgery for breast cancer, radiotherapy is offered.

To what extent do you wish to be informed about radiotherapy to the remaining breast?

- ☐ As little as necessary
  - benefits and harms
- ☐ A moderate amount
  - Benefits and harms
  - Consequences of disease relapse
- ☐ All available information
  - Benefits and harms
  - Consequences of disease relapse
  - Statistics: late adverse effects/local resurrence

DECISION HELPER preview

DECISION HELPER™ template, version 2.0, 2025

DBCG Sygehus Lillebælt Region Syddanmark

© Hospital unit: Sygehus Lillebælt
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Responsible: PhD Student Stine Rauff Søndergaard
References: Taylor C. et al. J Clin Oncol. 2017;35(15):1641-9.
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1 DECISION HELPER™

The purpose of this DECISION HELPER™ is to support you and your your doctor during the consultation in making the best choice concerning your possible radiotherapy for the remaining breast area. You have the choice of radiotherapy or no radiotherapy.

How far have you come in your decision making process, whether you want to receive radiotherapy?

- ☐ Have not considered the options
- ☐ Considering the options
- ☐ Close to making a decision
- ☐ Have made a decision

3 You as a patient

To make a shared decision about radiotherapy, it is particularly important to understand what matters to you in your daily life. When you make a decision, it will include options to add in and options to leave out, which may depend on your personal preferences. For more information see attached preparation sheet.

What is most important to you in this situation?



To prevent ressurence of breast cancer	☐ A litte	☐ Moderately	☐ A lot
To avaoid side effects/late adverse effects	☐ A litte	☐ Moderately	☐ A lot
Family, work, vacation e.g.	☐ A litte	☐ Moderately	☐ A lot

DECISION HELPER™
preview

4 Options, benefits / harms

5 Decision

Are you ready to make a decision?

- ☐ I want radiotherapy
- ☐ I do not want radiotherapy
- ☐ I am not ready to make a decision

What is required to enable you to make a decision?

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